

Prevention Services for HIV Positive persons in Texas

Jeff Wagers, EBI Training/Program Specialist

Liza Hinojosa, Senior Program Specialist

HIV/STD Comprehensive Services Branch

Texas DSHS

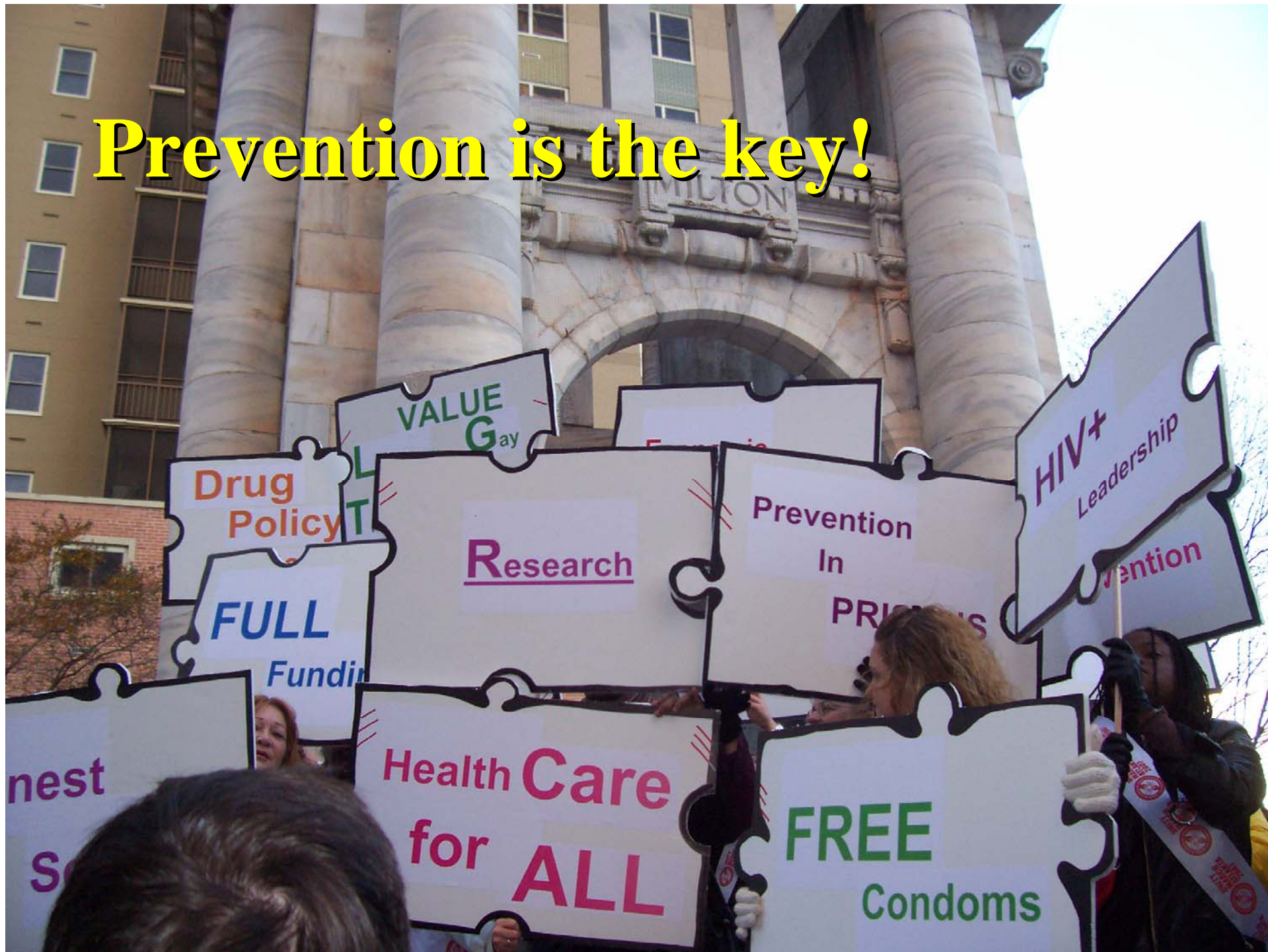
December 4, 2009

Texas Department of State Health
Services

DISCLOSURE

We have no real or perceived vested interests that relate to this presentation nor do we have any relationships with pharmaceutical companies, biomedical device manufacturers, and/or other corporations whose products or services are related to pertinent therapeutic areas.

Prevention is the key!



VALUE
Gay

Drug
Policy

FULL

Funding

Research

Prevention
In

PRISONS

HIV+
Leadership

vention

nest
So

Health Care
for ALL

FREE

Condoms

Objective



- Describe HIV prevention services available in Texas that fit into the continuum of care of HIV services, with the focus on prevention for those who are HIV-positive

Content



- Discuss HIV Prevention in Texas
- Prevention for HIV-positive persons
- Describe eligibility requirements and wait time for HIV prevention services
- Discuss HIV referrals for those who test HIV-negative that can benefit from HIV-prevention services

HIV Prevention in Texas

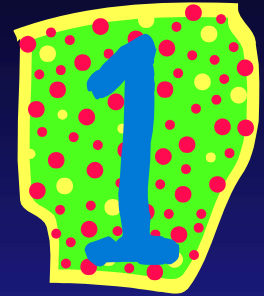
Evidence Based Interventions (EBIs)

Outreach	PBC (ILI)	CRCS (ILI)	GLI and CLI	RWCM
Outreach	Protocol- Based Counseling (replaces PCPE) HIV C&T in Texas	Compre- hensive Risk Counseling & Services	Group Level Interven- tions and Community Level Interven- tions	Ryan White Case Management

Evidence-Based Interventions (EBIs)

- Clearly defined audience (population)
- Clearly defined goals and objectives
- Based in sound behavioral and social science theory
- Focused on reducing specific risk behavior
- Evaluated and proven effectiveness

Types of Interventions



■ Individual Level

- ◆ Short duration (PBC)
- ◆ Long duration (CRCS)
- ◆ One-on-one, intensive
- ◆ Goal is individual behavior change
- ◆ Change occurs in those who receive the intervention

Types of Interventions



■ Group Level

- ◆ Message carried by facilitator
- ◆ Change occurs in those participating and who receive the intervention
- ◆ Groups of up to 20 persons meet for sessions (1-32) over a period of time
- ◆ Number and duration of sessions, cycle length vary per intervention

HIV Prevention for HIV-positive persons

What Is CRCS?

- *Comprehensive Risk Counseling and Services*
- Was known as Prevention Case Management (PCM)
- Individualized, multi-session, client-centered counseling to support behavior change for risk reduction.
- Targets people at high risk for acquiring or **transmitting** HIV/STDs
- Target population for most CRCS programs in Texas are HIV-infected individuals

What is CRCCS?

- Focus on HIV Risk Reduction Counseling
- Case management is a component, but not primary
- Incorporates support and targeted referrals for medical, psychological and social services
- Can counsel on secondary factors to HIV risk reduction
- Eligibility requirements vary by program, but mainly high risk for acquiring or transmitting HIV
- No wait time; most programs would welcome referrals

Focus areas of CRCs

- Reducing or eliminating HIV transmission for individuals who have tested HIV positive
- High risk HIV behaviors for those who are HIV+ or negative (unprotected sex, multiple partners, sharing IDU paraphernalia)
- STD/STI Screening and Treatment
- Substance Use
- Psychosocial Issues
- Disclosure of HIV status
- Medical Adherence (secondary prevention)

CRCS and Case Management

- CRCS does not duplicate case management if client has other case management services (i.e. RWCM, Medicaid)
- If client is in CM, CRCS should monitor use of the services and avoid duplication
- CRCS **can** provide CM services
- Communication/collaboration is the key so there is no duplication

Who Might Benefit from CRCs?

- Clients who are at high risk for transmission or acquisition of HIV and other STIs:
 - ◆ HIV-infected
 - ◆ Difficulty initiating or sustaining risk reduction practices
 - ◆ Addiction issues
 - ◆ Repeated diagnosis of STI
 - ◆ Persons notified thru partner notification



Who Might Benefit from CRCs?

- Clients who are at high risk for transmission or acquisition of HIV and other STIs:
 - ◆ Sero-discordant couples
 - ◆ Indicate frustration with efforts to reduce risk.
 - ◆ Mental health issues
 - ◆ Environmental factors (homelessness, trading sex for money, etc.)
 - ◆ Persons who want to change their behavior (Stages of Change)



Other Services for HIV+

■ Partner Services

- ◆ Includes partner notification, a process through which infected persons are interviewed by Disease Intervention Specialist (DIS) to elicit information about their partners, who can then be confidentially notified of their possible exposure or potential risk;
- ◆ Promotes direct public health involvement as quickly as possible after diagnosis;
- ◆ Provides active linkage to medical and prevention services for persons identified as infected with HIV;
- ◆ Collaboration with internal and external partners involved in all aspects of partner services, including ensuring that partner services are available for all HIV-infected persons throughout the prevention and care continuum;

Other referrals for HIV+

- Perinatal Prevention Project

- ◆ Specialized case management-

- ◆ Provides assistance with HIV medications adherence, attending HIV medical appointments, prenatal care appointments and postpartum care for the mother and infant.

Other referrals for HIV+

■ Minority AIDS Initiative

- ◆ Outreach and education services that link HIV+ minority clients to the Texas HIV Medication Project (THMP)
 - ◆ Targets HIV+ African-American and Hispanic individuals (as well as other minorities) that have been recently released from state, federal or local adult and juvenile correctional facilities in the Dallas and Houston areas.
 - ◆ Links recently released minority inmates to the THMP and Ryan White care programs and services.

Other referrals for HIV+

- Group Level Interventions (GLI) for HIV + in Texas
 - ◆ Healthy Relationships
 - ◆ WiLLOW
 - ◆ Most interventions should allow HIV+ to be included (unless otherwise indicated)
- Other GLI not in Texas
 - ◆ CLEAR, SUMIT, Partnership for Health, TLC

Other referrals for HIV+

■ Healthy Relationships

- ◆ 5 session GLI
- ◆ Any HIV+ persons
- ◆ Usually same gender, sexuality groups
- ◆ Uses movie clips of target populations
- ◆ Focuses on HIV Reduction
- ◆ Disclosure to Family/ Friends and Sexual Partners

Other referrals for HIV+

■ WiLLOW

- ◆ 4 session GLI
- ◆ HIV+ women, esp. of color
- ◆ Enhancing Gender Pride/ Social Support
- ◆ Stress Management
- ◆ Risk Reduction/ Condom Usage
- ◆ Building Healthy Relationships

QUESTIONS?





■ Liza Hinojosa

- ◆ Senior Program Specialist
- ◆ 512-533-3097
- ◆ Liza.hinojosa@dshs.state.tx.us

Jeff Wagers

- ◆ EBI Program/ Training Specialist
- ◆ 512-533-3022
- ◆ Jeffrey.wagers@dshs.state.tx.us