

# **DSHS – MH/SA HIV Programs**

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# DISCLOSURE

I have no real or perceived vested interests that relate to this presentation nor do I have any relationships with pharmaceutical companies, biomedical device manufacturers, and/or other corporations whose products or services are related to pertinent therapeutic areas.

# DSHS MH/SA Direct HIV Services

- Funded through a Federal Block grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) directly to the State of Texas---Department of State Health Services-Mental Health and Substance Abuse Division.
  - HIV Early Intervention Programs (HEI) - 14
  - Statewide HIV and SA Treatment Program -1
  - HIV testing and community interventions - 14

# HEI PURPOSE

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HIV Early Intervention Programs provide comprehensive service coordination, education on communicable diseases, support for disease management and recovery from substance abuse behavior to HIV infected persons identified as having substance problems associated with abuse or dependence. They are part of a statewide case management service system, using standards and guidelines set forth by the DSHS Rules 447.201 – 447.204

# TARGET POPULATIOINS

- **HIV infected persons identified as having a problem with substance abuse (HEI)**
- Significant others and/or family members of those described above.
- Injecting drug users at risk of being infected with HIV and Hepatitis.
- Persons at risk of being infected as a result of practicing a substance abuse lifestyle.

# HEI GOAL(s)

## Case Management

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1. Improve the health status of substance abusers infected with HIV and other communicable diseases by promoting linkages between community-based substance abuse, health and other social service providers.

- 2 Motivate HEI clients to change behaviors that put them at risk through use of counseling skills associated with Motivational Interviewing and Prochaska-DiClemente Transtheoretical Model (Stages of Change).
- 3 Develop a planned and coordinated approach that ensures the participants have access to all available health, substance abuse, and social services necessary to obtain an optimum level of functioning.

# DHSA MH/SA: HIV-SA Residential Treatment Program

- 60 – 90 days of specialized SA residential treatment for people living with HIV/AIDS (PLWH/As) who have a diagnosis (*DSM IV- R*) of substance abuse. Approx. 16-18 beds
- Currently Funded: Homeward Bound, Dallas, TX