



## HIV, Syphilis and HBV Testing and Pregnancy: State Requirements for Texas Clinicians

Texas Department of State Health Services HIV/STD Program

# HIV, Syphilis and HBV Testing and Pregnancy in Texas

Effective January 1, 2010, Texas law (Chapter 81.090 of the Texas Health and Safety code) requires any health care provider allowed to care for a pregnant woman to test her for human immunodeficiency virus (HIV), syphilis and hepatitis B virus (HBV), unless she objects. These tests must take place during the pregnant woman's first prenatal visit. A second HIV test must be conducted during the third trimester, and upon her admission for delivery, if no record of the third trimester HIV test is available. The law also provides for the expedited HIV testing of infants at delivery, if a mother's results are not available. These tests apply to each pregnancy.

Stage of Pregnancy	Perinatal HIV/STD Tests Required by Texas Law
<b>First Trimester</b>	• HIV, HBV and syphilis test required
<b>Third Trimester</b>	• HIV test required
<b>Delivery</b>	• Expedited HIV test <sup>1</sup> required if no record of third trimester result • HBV and Syphilis tests required
<b>Newborn Tests</b>	• Expedited HIV test <sup>1</sup> required if no record of third trimester result

<sup>1</sup>Expedited test. Test must be expedited and result obtained < 6 hours. For newborn test, blood must be drawn <2 hours after birth.

Stage of Pregnancy	Recommended Perinatal Tests and Precautions <sup>1</sup>
<b>First Trimester</b>	• Chlamydia and gonorrhea screening, especially for populations at risk <sup>2</sup> • Retest 3-4 weeks after treatment for gonorrhea or chlamydia
<b>Third Trimester</b>	• Syphilis test recommended between 28-32 weeks for high risk populations <sup>3</sup> and where syphilis prevalence is high • Chlamydia test for high-risk populations <sup>2</sup>
<b>Delivery</b>	• Any woman delivering a stillborn infant should be tested for syphilis • Testing for HBV for women not previously tested or at high risk for HBV <sup>4</sup>
<b>Newborn Vaccinations and Precautions</b>	• First of three HBV vaccinations is given • Required prophylaxis to prevent ophthalmia neonatorum (conjunctivitis sometimes caused by gonorrhea or chlamydia bacteria)

<sup>1</sup>Recommendations from the Centers for Disease Control and Prevention (CDC) and the American College of Obstetricians and Gynecology (ACOG).

<sup>2</sup>High risk for chlamydia includes women under age 25 and those with a new or more than one sex partner.

<sup>3</sup>High risk for syphilis may include women who previously test positive for syphilis, multiple sex partners, and low access to healthcare.

<sup>4</sup>High risk for HBV includes more than one sex partner in the previous six months, evaluation or treatment for an STD, recent or current injecting-drug use, HBsAg-positive sex partner, and those with clinical hepatitis should be retested at the time of admission to the hospital for delivery.

### Why test pregnant women?

Testing and treatment for HIV, HBV and syphilis prevents infected infants. Without knowledge of HIV status, a mother with HIV has an approximately 25 percent chance of transmitting HIV to her unborn child. If HIV positive pregnant women and their children know their status and receive appropriate care and treatment during pregnancy, labor, delivery and postpartum, the perinatal transmission rate can be decreased to two percent or less. Therapy includes antiretroviral medicine as well as cesarean delivery for women with high HIV viral loads (>1,000 copies/ml). Even when antiretroviral medicine is not started until labor and delivery, mother-to-child HIV transmission rates are reduced to 10%. Testing and treatment also decreases rates of syphilis and reduces hepatitis B (HBV) infection. Perinatal syphilis screening allowed Texas clinicians to identify 95 cases of congenital syphilis in 2007, enabling them to provide treatment and follow up. Regarding HBV, 90 percent of infants born to women with infectious hepatitis B will not be infected if they receive appropriate hepatitis B vaccine and treatment within 12 hours of delivery.

## Consent and Information Distribution

Before testing a patient for HIV, HBV and syphilis, the clinician must inform the woman that the test will be performed and provide written information. Separate consent forms are not required and verbal notification is acceptable. Most women give consent to be tested. According to birth records, of the 405,347 Texas women delivering in 2008, 99% were tested for HIV either prenatally or at labor and delivery. If a woman objects, a referral to an anonymous testing site should be made. In addition to giving a referral to an anonymous testing site, the clinician can discuss testing with the patient. Women refuse testing for different reasons. A clinician can listen to the patient and give information about risk factors, advantages of testing, ease of testing, and inform the woman of resources in the event the result is positive. A clinician cannot test a woman without consent. Medical records should reflect that the test was explained to the patient and she consented.

All women, regardless of consent, must receive printed materials about HIV, HBV and syphilis. Materials must include information about disease transmission and prevention, frequency, infection consequences for the child and available treatment. When possible, material should be provided in a language and literacy level patients understand. Appropriate materials are available in English and Spanish through the Texas Department of State Health Services (DSHS). Medical records should also note the patient received printed materials.

## Positive Test Results

If a woman receives a preliminary positive HIV result to an expedited test at labor and delivery, CDC and ACOG recommend starting prophylaxis treatment to the woman and her infant. When a pregnant woman has HIV, syphilis or hepatitis B, the clinician must provide disease-specific treatment information she can understand. The clinician may also refer her to another clinic for appropriate treatment.

Clinicians must provide the opportunity for individual, face-to-face counseling to each HIV-positive pregnant woman immediately upon revealing her HIV test results.

### Post-test HIV counseling *must* include the:

- ♦ Meaning of the test result;
- ♦ Possible need for additional testing;
- ♦ Measures to prevent transmission of HIV;
- ♦ Benefits of partner notification;
- ♦ Availability of confidential partner notification services through local public health departments ([www.dshs.state.tx.us/hivstd/info/edmat/provider.pdf](http://www.dshs.state.tx.us/hivstd/info/edmat/provider.pdf)); and
- ♦ Availability of health care services, including mental health social and support services, in the area where the patient lives (refer patients to 211).

### Post-test HIV counseling *should*:

- ♦ Increase understanding of HIV infection;
- ♦ Explain potential need for confirmatory testing
- ♦ Explain ways to change behavior to prevent HIV transmission
- ♦ Encourage the patient to seek appropriate medical care
- ♦ Encourage the patient to notify her sex or needle-sharing partners or access partner notification services ([www.dshs.state.tx.us/hivstd/info/edmat/4-213.pdf](http://www.dshs.state.tx.us/hivstd/info/edmat/4-213.pdf))

For more information, additional resources and a list of free patient education materials, please visit [www.dshs.state.tx.us/hivstd/info/pregnancy.shtm](http://www.dshs.state.tx.us/hivstd/info/pregnancy.shtm).

### Perinatal Hotline

Call 888-448-8765 for free 24-hour clinical consultation and advice on treating HIV-infected pregnant women and their infants as well as indications and interpretations of rapid and standard HIV testing in pregnancy.

### Records Retention

Clinicians must retain a report of each client case for nine months and deliver the report to any successor in the case.

### Confidential Test

A confidential test means the test result is in the medical record.

### Anonymous Test

An anonymous test means that the patient's name is not used.

Visit [hivtest.org](http://hivtest.org) to find an HIV or STD testing site.

Call 211 or (800) CDC-INFO to find an HIV/AIDS service provider in Texas or locate other patient resources.

### Texas HIV Medication Program

Refer patients unable to pay for HIV medications to (800) 255-1090.



DSHS HIV/STD Program  
PO Box 149347 MC 1873  
Austin, Texas 78714-9347  
(512) 533-3000  
[www.dshs.state.tx.us/hivstd](http://www.dshs.state.tx.us/hivstd)  
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